



# CENTRAL OKANAGAN FOOD BANK

The Central Okanagan Food Bank serves over 11, 000 individuals each month. Your donations help us provide variety for our clients, while maintaining nutritional value.



## OUR MOST NEEDED ITEMS

- Healthy Cereal
- Ready to Feed Formula
- Diapers (Size Newborn - 4)
- Stuffing (boxed)
- Pancake Mix
- Syrup & Jam
- Mac & Cheese
- Canned Soup
- Rice
- Canned Cranberry
- Canned Brown Beans
- Chunky Soup
- Pasta/Pasta Sauce

## DONATE ONLINE:



THANKS TO OUR  
RELATIONSHIPS WITH LOCAL  
RETAILERS, WE CAN PROVIDE  
UP TO \$3 WORTH OF FOOD  
FOR EVERY \$1 DONATED!

or visit  
[www.cofoodbank.com/donate](http://www.cofoodbank.com/donate)